



Janet Edmunson

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Presents:

FREE WEBINAR

Caregivers' Search for Meaning

Join us for a FREE Webinar on October 18, 2018

Caregivers' Search for Meaning

by **Janet Edmunson, M.Ed.**

For family and professional caregivers

Thursday, October 18, 2018

(The webinar also will be recorded for viewing later)

7:00 p.m. (Eastern)

6:00 p.m. (Central)

5:00 p.m. (Mountain)

4:00 p.m. (Pacific)

Webinar will be approximately 30-40 minutes in length.

Register online today by clicking the link below. Or paste the link into your browser.

Registration Link: <https://tinyurl.com/caregiversearchformeaning>

Webinar Description: Viktor Frankl, a holocaust survivor, discovered that he could find meaning in the most miserable of conditions—in a concentration camp. This webinar will unearth what can we learn from his experiences that can help us with ours as caregivers. We'll delve into how to explore meaning in our caregiver situations...no matter how difficult and sad they are. We'll see how the search for meaning can buoy us up, even in the darkest times. And we'll go beyond just the theory to reveal actual practical ways we can discover this meaning.

About Janet: Janet has over 30 years' experience in the health promotion field. She retired in May 2007 as Director of the Prevention & Wellness for a staff of 20 at Blue Cross Blue Shield of Massachusetts. Since retirement, as President of JME Insights, she is a motivational speaker, consultant and trainer, having spoken to hundreds of groups across the U.S. While working full-time, Janet took care of her husband, Charles, during the five years he fought a movement

disorder with dementia. Janet wrote about her experience in her book, *Finding Meaning with Charles*. Janet has a Master's degree from Georgia State University. For more information about Janet, see her website at www.AffirmYourself.com.

If You Can't attend on the Webinar Date: The webinar will be recorded. If you register for the webinar, you will receive a notice with the link to view the recorded webinar a day or two after the webinar. You then have about a month to watch the video at your leisure.

Webinar Format: You may participate in one of two ways:

1. The **first** viewing method is via access through the internet. You can view the presentation on your computer and listen via your computer speakers or USB headset connected to your computer.
2. The **second** option would use the internet and a telephone connection, or just the telephone. **Please note: If you use this second option, you may need to pay applicable phone charges from your telephone carrier.**

Once you register, you will receive an **email from Janet Edmunson or Transformation Consortium** confirming your registration with information you need to join the webinar.

Space is limited and registrations are taken on a first come first serve basis.

For Additional Information: You can contact Janet at janet@janetedmunson.com with any questions you have about participating.

System Requirements:

Use this link to learn the system requirements for your computer or phone:
<https://support.logmeininc.com/gotowebinar/help/system-requirements-for-attendees-g2w010003>